



WELCOME

TO OUR ONE DAY

INTERACTIVE IMMERSION

COURSE ON 



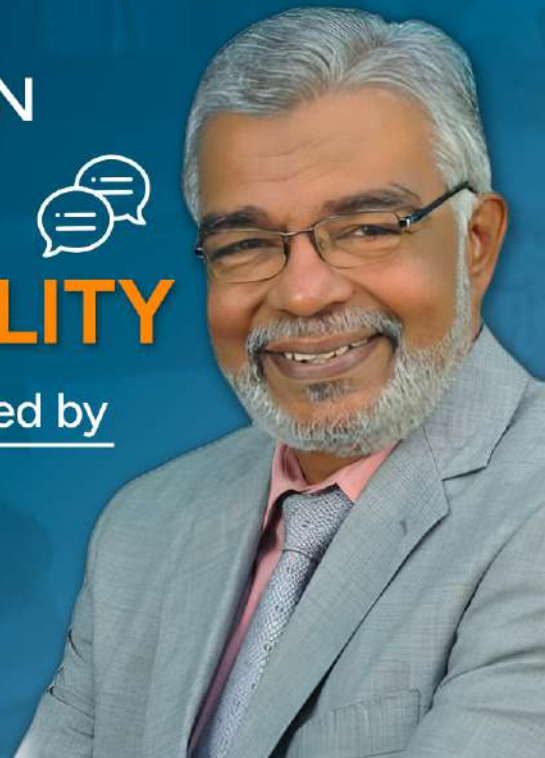
MY DREAM PERSONALITY

Planned, Written, Designed and Presented by

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INCIDE ACADEMY**



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COURSE CONTENTS

PART-1

My dreams about my future.
What do I need for
a comfortable and happy life?

PART-2

The traits of my dream personality
The traits that help achieve goals.

PART-3

Star time Presentations

PART-4

Feedback time





PART-1

WHAT DO I NEED FOR A HAPPY LIFE?

THE KIND OF EDUCATION I STRONGLY DESIRE

Education is the most essential asset the one that makes every other asset possible.

THE KIND OF EDUCATION I STRONGLY DESIRE

**LIFE IS NOT WHAT HAPPENS.
IT'S WHAT WE MAKE SO
WE LEARN TO MAKE IT
THE WAY WE LIKE.**

- Engineering?
- Medicine?
- Arts and Science?
- Politics?
- Business Administration?
- Counselling Psychology?
- Law...





WHAT DO I NEED TO ENJOY LIFE HAPPILY?

THE CAREER I ENJOY

- ☑ Person Centered Services?
Or
Things Centered Services?
- ☑ Farming?
- ☑ Teaching?
- ☑ Health care?
- ☑ Civil Services?
- ☑ Engineering?...

WHAT DO I NEED TO LIVE HAPPILY?

- ☑ Financial Security
- ☑ A reasonable income for a comfortable life





A HAPPY
HOME TO
ENJOY LIFE
IN ITS FULLNESS

A BEAUTIFUL GARDEN

TO ENJOY WORKING IN
AND HAVE QUALITY TIME
WITH FAMILY AND FRIENDS





**A VEHICLE TO
MOVE AROUND**

LATEST TECHNOLOGY

Such as smartphones, laptops,
and other gadgets to stay
connected with friends and family
for entertainment and for
work or study purposes.





A HOME LIBRARY

SIGNATURE BRAND CLOTHING
TO FEEL GOOD
AND LOOK GOOD





DELICIOUS FOODS AND HEALTHY FOOD HABITS

ADORABLE JEWELLERY





AMAZING ORNAMENTS

**VISITING
WORLD'S MOST
BEAUTIFUL
TOURIST
DESTINATIONS**





WHAT DO I NEED TO LIVE HAPPILY?

Personal Development
and contribution
to society

A PARTNER TO SHARE LIFE WITH

WHAT KIND OF PERSON SHOULD BE MY PARTNER?

(looks, character traits,
education, career, economic
means, family, social status,
spiritual life...)



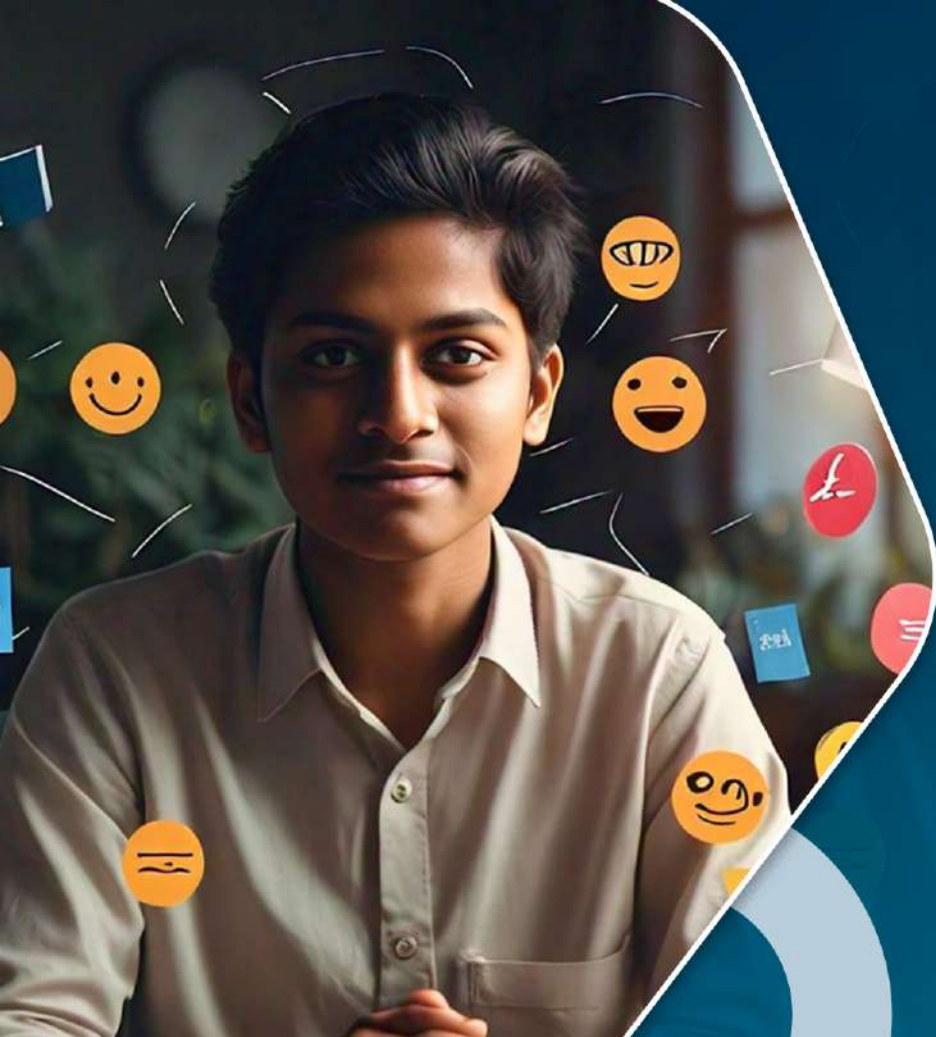


MY PARTNER

Enjoy The Fragrance
Of Marriage In Its Fullness.
May God Bless You.

A HAPPY NEIGHBOURHOOD





MY DREAM PERSONALITY TRAITS

- ☑ Physical Wellness and Fitness
- ☑ Emotional Maturity
- ☑ Intellectual Compatibility
- ☑ Spiritual Realization

PART - 2

MY DREAM PERSONALITY TRAITS

**THE TRAITS THAT HELP ENJOY
A HAPPY AND FULFILLING LIFE**

1. PHYSICAL WELLNESS AND FITNESS

- ✔ The state of being healthy and strong
- ✔ The ability to get along with people and things in a study/work environment and perfect harmony (without conflict.)



WE ARE
WHAT WE EAT





DO WE
HAVE **REGULAR**
EXERCISE ?

HOW OFTEN DO WE EXERCISE?





THE ENVIRONMENT WE LIVE IN

EMOTIONAL MATURITY

CHARACTER TRAITS OF AN EMOTIONALLY MATURE PERSON

I). A POSITIVE VISION OF THE SELF AND THE WORLD AS WELL.

- ☑ These people have the ability to see a winner within and a world of opportunities around. Opportunities are always there.
- ☑ The positives grab them while the negatives miss them.





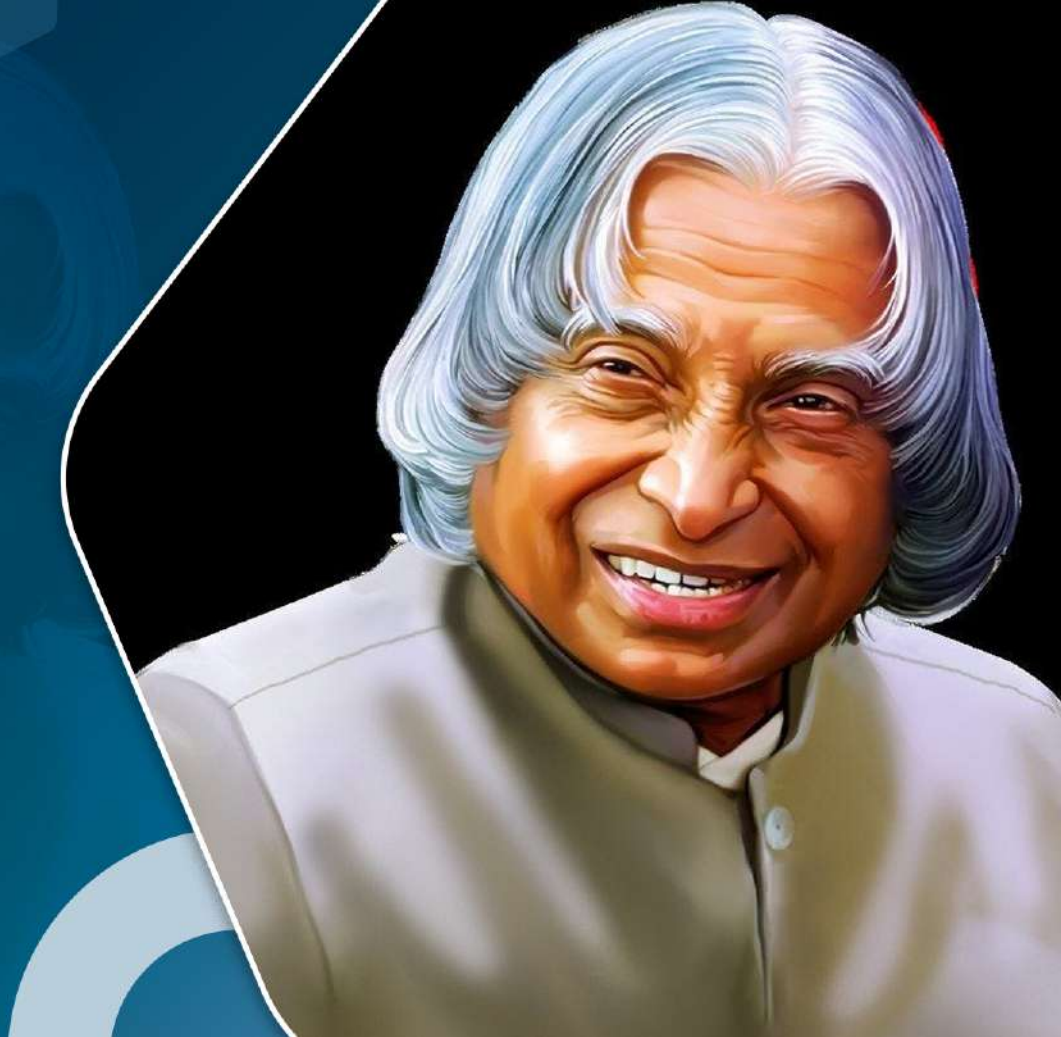
(II). GOOD FINDING HABITS

POSITIVE VISIONARIES ARE GOOD FINDERS

They find the best within themselves, in everybody else and in everything around and naturally plan the future with great imagination and intelligence.

(III) A HIGH SELF ESTEEM

**THEY SEE THEMSELVES
EQUAL TO EVERY WINNER.**





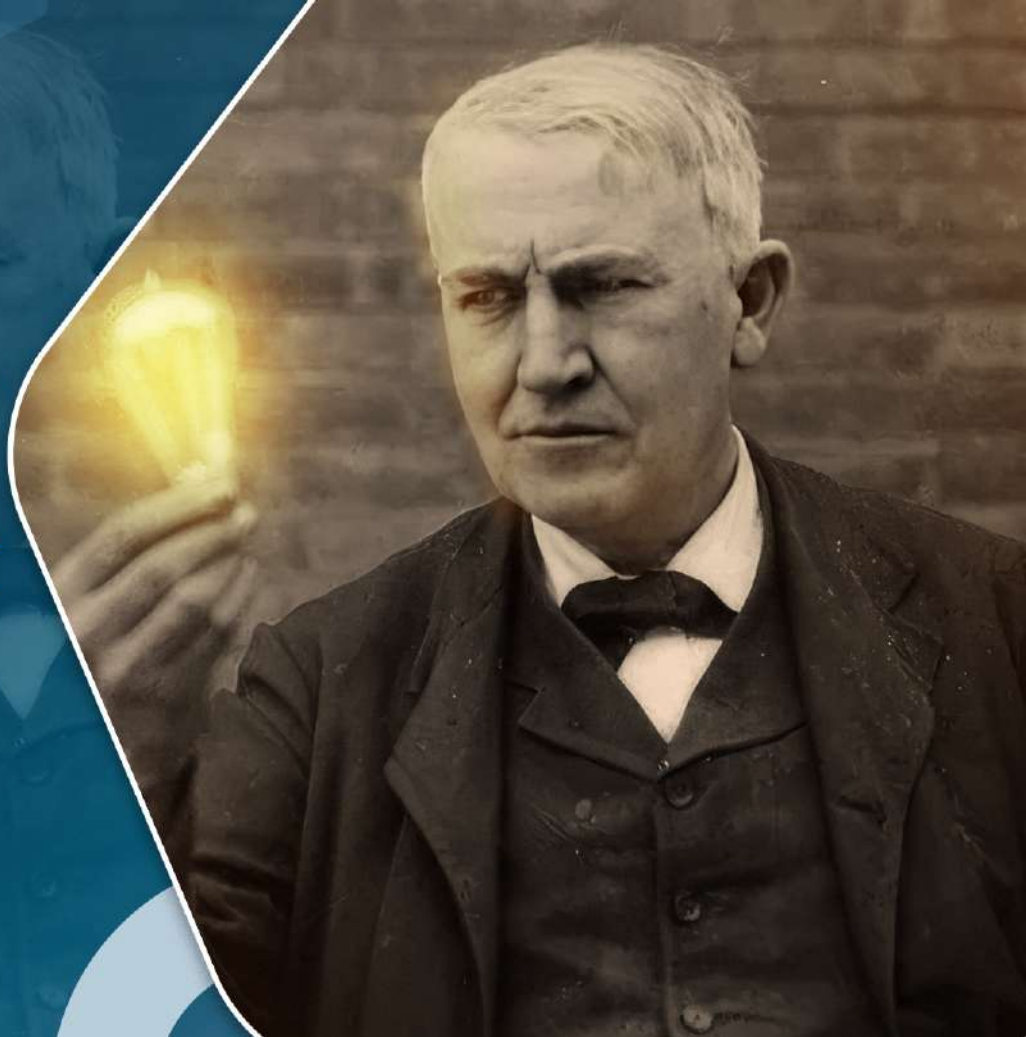
(IV.) EQUANIMITY

They maintain a calm state of mind irrespective of what happens around

(V). TOTAL SELF CONFIDENCE

**THE ABILITY TO BELIEVE WE CAN
ACHIEVE WHAT WE REALLY WANT**

**When we believe we can,
the how we can comes to
us from within.**





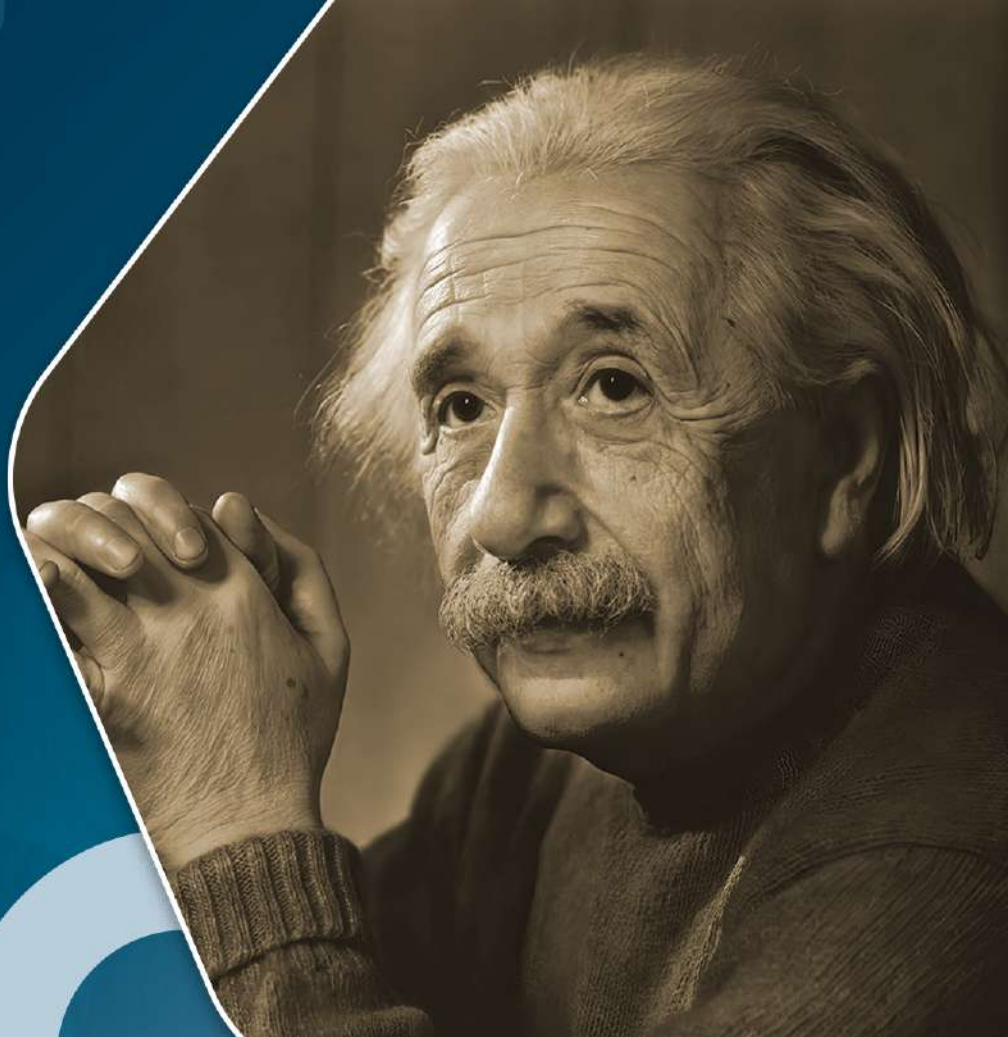
VI. GOAL SETTING AND THE ABILITY TO ENVISION THE FUTURE

**IT'S THE ABILITY TO SET
ONE'S OWN GOALS IN
THE FOLLOWING AREAS**

career, education and training,
finance, health, familial life,
social life and spiritual life

VII. STABILITY

They have the habit of remaining at one job, in one line of activity and in one place of residence for a reasonable length of time, at least three years on the average.





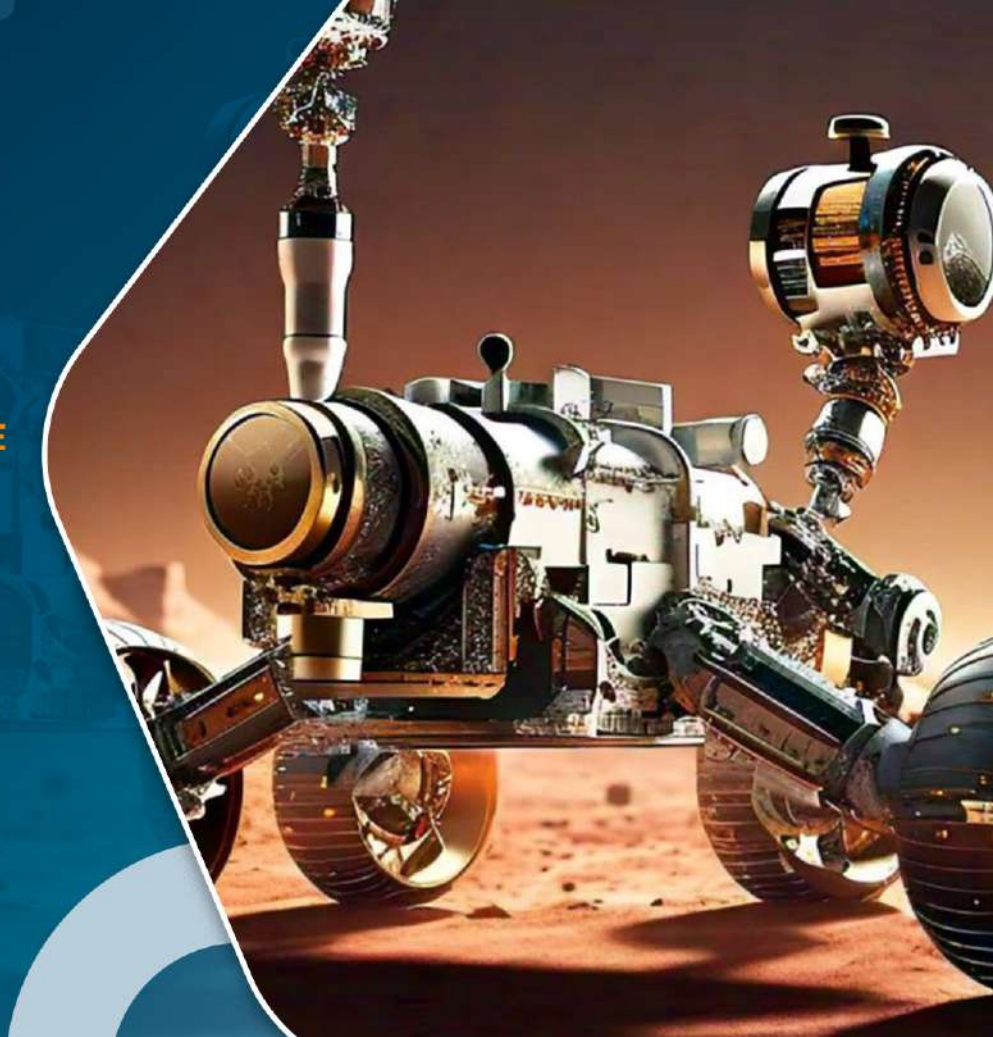
VIII. INDUSTRY

The habit of working steadily, on one's own initiative, conscientiously and productively. Their habits will not allow them to be lazy.

IX. PERSEVERANCE AND PERSISTENCE

THE CAPACITY IN A PERSON TO PERSIST IN AN ACTIVITY TO ITS FULFILMENT DESPITE DIFFICULTIES AND OBSTACLES; THE HABIT OF FINISHING WHAT ONE STARTS.

- ✔ A positive visionary does not give up easily.
- ✔ He/she finds obstacles and oppositions challenging.
- ✔ He/she never gives up.





KINGMAKER KAMARAJ

X. LOYALTY

The positive visionaries put the interest of others.. employer, colleagues, associates, family and neighbors before their own and if necessary go beyond the ordinary requirements of their job and serve others' interests.

XI. SELF - RELIANCE

The habit of fighting one's own battles rather than depending on others to do it.



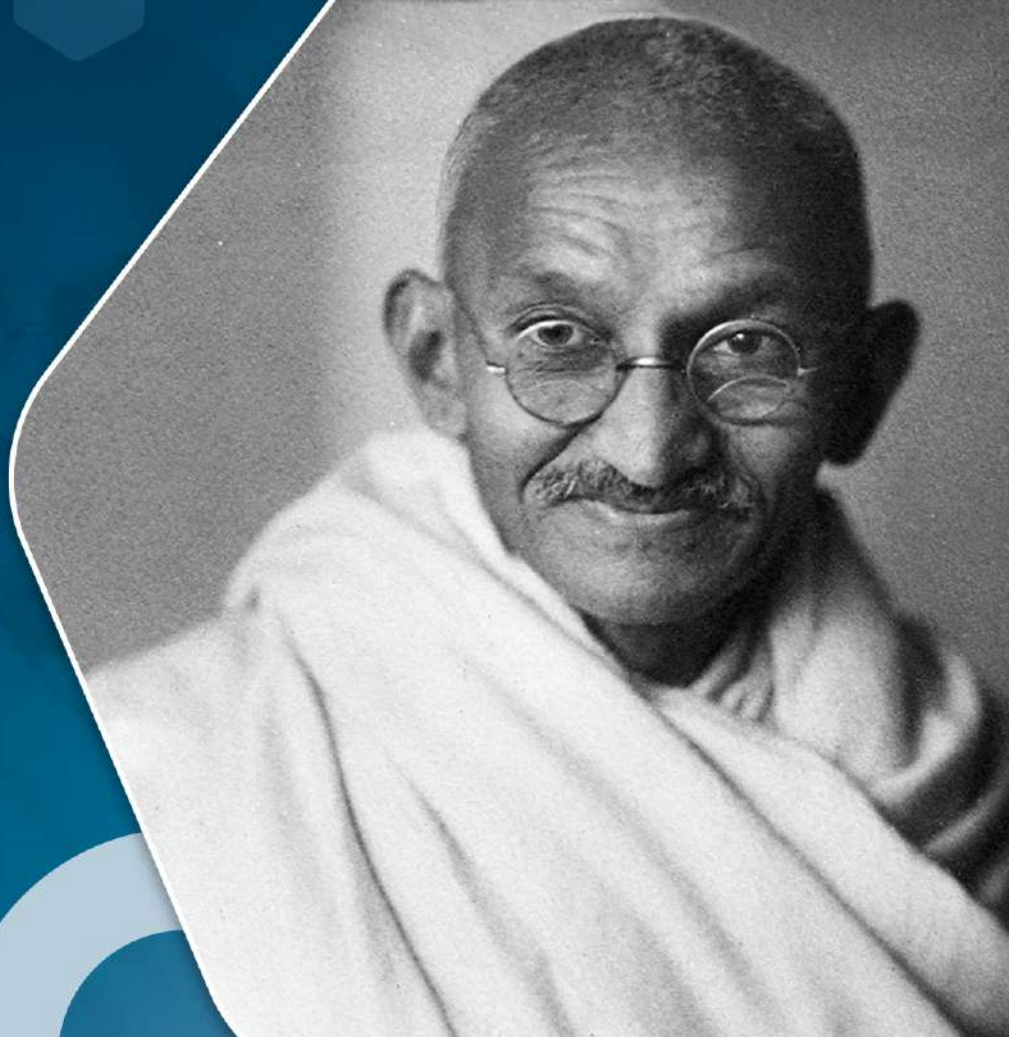


XII. ABILITY TO GET ALONG WITH OTHERS

The capacity to make and hold friends and to maintain healthy working relationship with colleagues, subordinates, associates and supervisors and to obtain and retain good personal acceptance by others.

XIII. LEADERSHIP

The positive visionaries inspire confidence, respect and trust in others. Others voluntarily go to them seeking aid, counsel, guidance and support.





XIV. A CLEAR VISION OF ONE'S NEEDS

The Positive Visionaries know their needs and they have the ability to choose a career suitable for need satisfaction.

FACTORS CONTRIBUTING TO EMOTIONAL MATURITY

- ☑ Hereditary Factors
- ☑ The thoughts we feed ourselves with. Food to the body is what thought is to the mind.
- ☑ Exercises: making a list of how we express our emotions and reflecting on them...Eg. Anger, jealousy, diffidence
- ☑ Our Environment and neighborhood





INTELLECTUAL COMPATIBILITY

**MASTERY OF OUR SUBJECT AND
EFFECTIVE COMMUNICATION
SKILLS:**

- ☑ Hard Skills
- ☑ Soft Skills

HARD SKILLS

OUR CAN DO FACTORS :

Our Education, Professional Training, Technical knowledge, Aptitude and our experience





SOFT SKILLS

OUR WILL DO FACTORS:

Our Emotional Maturity, Attitude, Team Spirit, The ability to present ourselves pleasantly and get along with others comfortably...

SOFT SKILLS INCLUDE

- ✔ Conceptual Skills
- ✔ Communicative Skills
- ✔ Executive Skills
- ✔ Evaluative Skills
- ✔ Our Ability to fill Our Skill Gaps





SOFT SKILLS INCLUDE

- ✔ Assimilative and Analytical skills
- ✔ Receptive and adaptive skills
- ✔ Organizations always look for the excellent because they cost less but contribute more.
- ✔ Organizations recruit assets not liabilities.
- ✔ Make sure you are an asset.

FACTORS CONTRIBUTING TO INTELLECTUAL COMPATIBILITY

- ☑ Hereditary factors
- ☑ The kind of education we receive
- ☑ The kind of training we undergo
- ☑ Our professional Experience
- ☑ The environment we live/ study/ work in
- ☑ Our attitude to ourselves, others, God, study, work, life, the world...

Believe important, feel important, think important and look important to become important.





SPIRITUAL REALIZATION

- ✔ God is present in us in the Form of Love, the Spirit and the power center which we call our Soul.
- ✔ Our soul unifies humanity.
- ✔ For the scientists it is anatomy and physiology.
- ✔ While In spiritual terminology it is Soul.
- ✔ Yes, the incarnation of God our maker is our Soul.
- ✔ The universe is an expression of God's LOVE.



DREAMS?

HOW TO REALIZE THE PRESENCE OF GOD IN US?

**By Loving Every Living Human Person
including Ourselves**



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